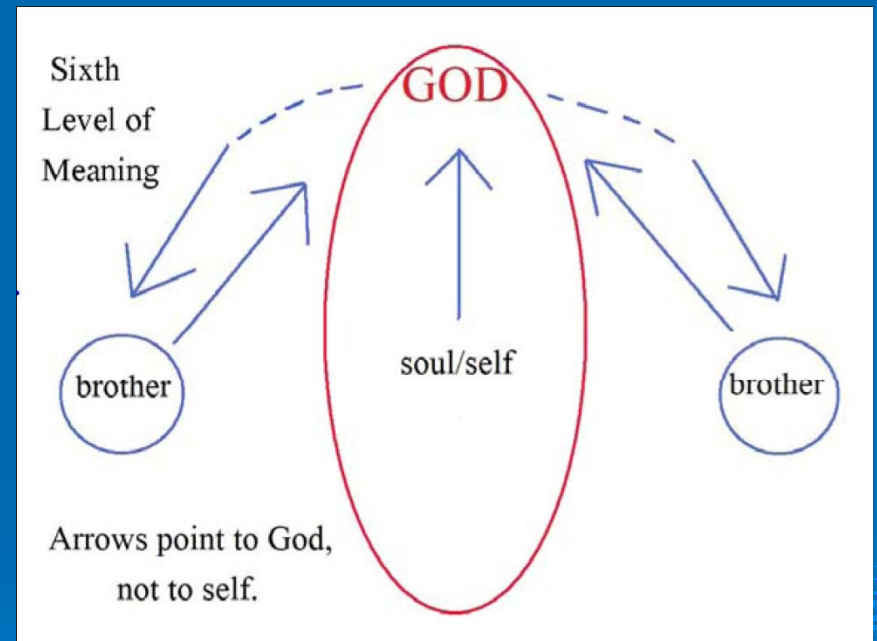


Eric Schaveland

- Levels of Meaning of the Golden Rule
 - (Levels of Love)
- “...recognize in this rule of life the divine command to treat all men as we conceive God would treat them...” Jesus



LEVELS OF MEANING OF THE GOLDEN RULE (LEVELS OF LOVE)

In this study Jesus' words are in **red**, Urantia Papers quotes are in **blue**.
Mind circuit dominant is in **green**. (see 36:5 and 34:4.7)

Levels of meaning of the golden rule (Levels of Love) as revealed by the Master: "**Do to others that which you desire others to do to you.**" (Urantia Papers 147:4)

Note: These are levels of "meaning" and the word meaning always refers to mind in the Urantia Papers...
Energy is thing, mind is meaning, spirit is value. (UP 9:4.5)

Mind is the relationship between matter and spirit... In personality, mind ever intervenes between spirit and matter; therefore is the universe illuminated by three kinds of light: material light, intellectual insight, and spirit luminosity. (UP 0:6.8)

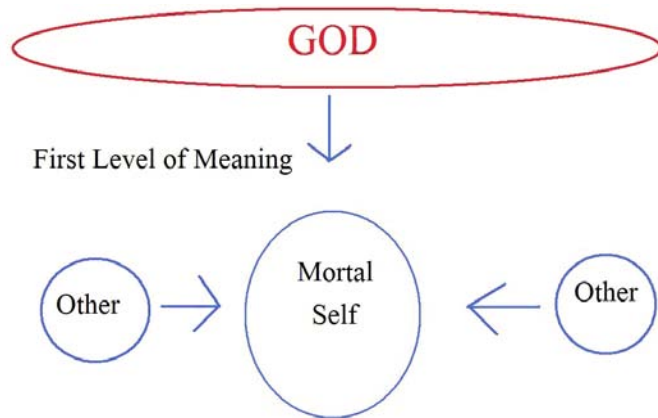
These are, therefore, mind levels ranging from animal mind to cosmic mind (see 16:6). "**Jesus taught the appeal to the emotions as the technique of arresting and focusing the intellectual attention. He designated the mind thus aroused and quickened as the gateway to the soul, where there resides that spiritual nature of man which must recognize truth and respond to the spiritual appeal of the gospel in order to afford the permanent results of true character transformations.**" (UP 152:6.4)

Nathaniel asked Jesus this question: "**Master, although you have taught us the positive version of the old rule of life, instructing us that we should do to others as we wish them to do to us, I do not fully discern how we can always abide by such an injunction. Let me illustrate my contention by citing the example of a lustful man who thus wickedly looks upon his intended consort in sin. How can we teach that this evil-intending man should do to others as he would they should do to him?**"

Level 1. Level of the flesh – Justice (for self) – Arrows point to self

“Such a purely selfish and lustful interpretation would be well exemplified by the supposition of your question.” Jesus (UP 147:4) Mind circuit dominant: first 3 (in the moment) Adjutant Mind Spirits: Intuition, Understanding, and Courage.

Love of Self. Love is never self-seeking, and it cannot be self-bestowed. (UP 156:5.11) In reality, love of self is a delusion that is not part of the cosmos. Self-love, because it is not real, cannot be lived. Those who try to live unreality eventually become identified with it and cease to be part of the cosmos. They become “as if they had never been.”



Examples: “Do unto others before they do unto you”

“He who has the gold, rules.”

“You’ve got to toot your own horn.”

“You’ve got to look out for number one.”

“God helps those who help themselves.”

“You’ve got to learn to love yourself.”

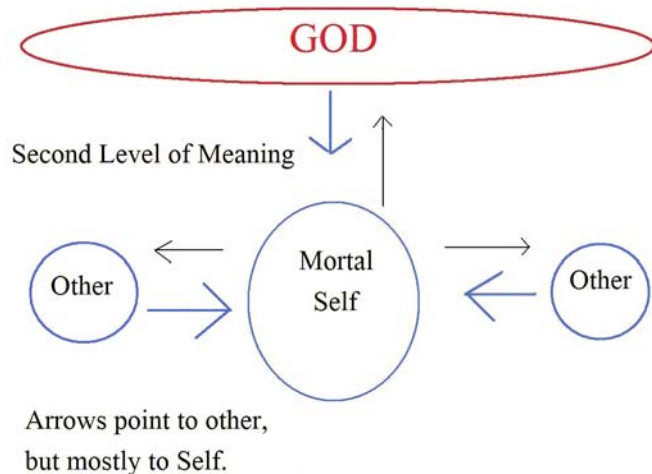
“He who has the most toys, wins.”

“Take what you can, give nothing back.” (The pirate motto)

Level 2. Level of feelings. Fairness – Arrows point mostly to self, but sometimes to other.

“This plane is one level higher than that of the flesh and implies that sympathy and pity would enhance one’s interpretation of this rule of living.” Jesus (UP 147:4)

Mind circuit dominant: Second 3 (long term) Adjutant Mind Spirits: Knowledge, Council, and Worship



Romantic love – The fifth Adjutant Mind Spirit (Counsel) generally uncoordinated with the seventh (Spirit of Wisdom) **The spirit of counsel – the social urge, the endowment of species co-operation; the ability of will creatures to harmonize with their fellows; the origin of the gregarious instinct among the more lowly creatures. (UP 36:10.5)**

Examples: “Do unto others as they do unto you.”

A toast: “Here’s to you and here’s to me, if we should ever disagree – then to hell with you, and here’s to me.”

"I love you, you're perfect--now change to agree with my fantasy of you."

Greg Brown's song, "A Little Place in the Country."

I'm sorry I hit you.

I'm sorry I wrecked your car.

I'm sorry I met you that night at the Why Not Bar.

But now that I've got you, and you've got me for life,

I will hand you this bottle, Honey, if you'll set down that knife.

I'll never leave you. I'll never go away.

And even if I do-- I reckon I won't stay.

No, I'll never leave you, I'll never set you free.

And even if I do-- you better come back to me.

I've had lots of women-- some even fatter than you.

But not a one of them could do all the things that you do.

I want to marry you. I want to see you in that gown.

I want to carry you to a room and take it all the way down.

I'll buy you a trailer from my uncle-- any color you choose.

Double-wide, furnished-- one that's never been used.

A little place in the country-- just a ways out of town,

And when I get home to you, I don't want nobody around.

I'll never leave you. I'll never go away.

And even if I do-- I reckon I won't stay.

No, I'll never leave you, I'll never set you free.

And even if I do--you better come back to me.

Most popular love songs describe this level: I loved them (had feelings for them), they did me wrong (acted selfishly), they broke my heart (hurt my feelings). Now I need another relationship (or drink) to feel better. In fact, I feel depressed – (I

have descended in the mind circuit levels back to feelings of self-pity and sympathy).

Alone Again, by Gilbert O’Sullivan:
In a little while from now,
If I'm not feeling any less sour.
I promised myself, to treat myself,
And visit a nearby tower
And climbing to the top,
Would throw myself off,
In an effort to, make clear to whoever,
What it's like when your shattered
Left standing in a lurch,
In a church with people saying
My God, that's tough, she stood him up,
No point in us remaining
I may as well go home,
As I did on my own,
Alone again, naturally...

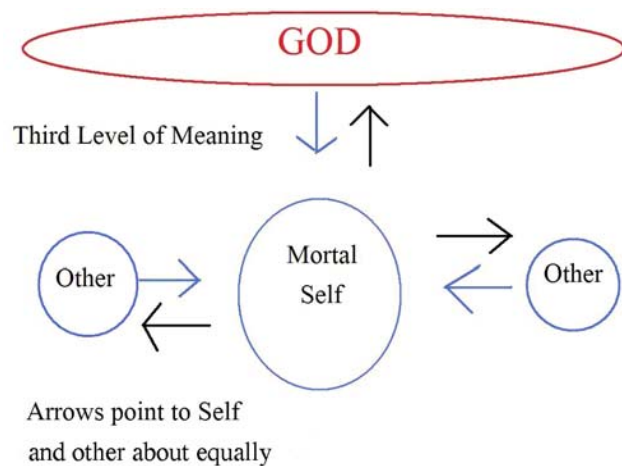
Level 3. Level of mind – Patience – Arrows point to self and other.

“The rule of living interpreted in consonance with the highest idealism embodied in the nobility of profound self-respect.” Jesus (UP 147:4)

Mind circuit dominant: Seventh Adjutant Mind Spirit: Wisdom

Idealistic love. Examples: “Do unto others as you would ideally have them do unto you.”

O love, whose lordly hand
Has bridled my desires,
And raised my hunger and my thirst
To dignity and pride,
Let not the strong in me and the constant
Eat the bread or drink the wine
That tempt my weaker self.
Let me rather starve,
And let my heart parch with thirst,



And let me die and perish,
Ere I stretch my hand
To a cup you did not fill,
Or a bowl you did not bless.
Khalil Gibran

White Flag, by Dido:
I know you think that I shouldn't still love you
Or tell you that
But if I didn't say it, well I'd still have felt it
Where's the sense in that?
I promise I'm not trying to make your life harder
Or return to where we were

But I will go down with this ship
And I won't put my hands up and surrender
There will be no white flag above my door
I'm in love and always will be

I know I left too much mess and destruction
To come back again
And I caused nothing but trouble
I understand if you can't talk to me again
And if you live by the rules of it's over
Then I'm sure that that makes sense

But I will go down with this ship
And I won't put my hands up and surrender
There will be no white flag above my door
I'm in love and always will be

And when we meet, which I'm sure we will
All that was there will be there still
I'll let it pass and hold my tongue
And you will think that I've moved on

I will go down with this ship
And I won't put my hands up and surrender
There will be no white flag above my door
I'm in love and always will be

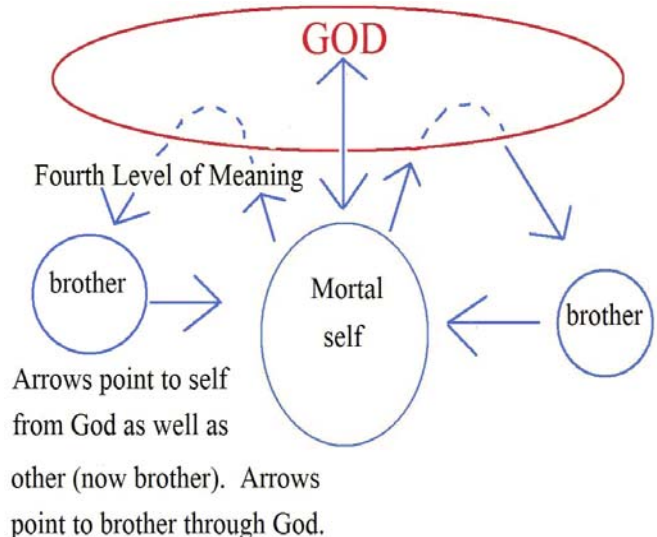
(This is a beautiful song about someone who has realized the level of idealistic love.)

Level 4. The level of brotherly love–Kindness (kinship)–Arrows point to self from God as well as other. Arrows point to other (brother and sister) through God.

Level of unselfish devotion to the welfare of one's fellows.

“On this higher plane of wholehearted social service growing out of the consciousness of the fatherhood of God and the consequent recognition of the brotherhood of man, there is discovered a new and far more beautiful interpretation of this basic rule of life.” Jesus (UP 147:4)

Mind circuit dominant: First level of reality response of the Cosmic Mind (Holy Spirit): Logical uniformity, the reality of Causation, the mathematical form of the cosmic discrimination, scientific insight. (UP 16:6). You become conscious of man as your creature brother because you are already conscious of God as your Creator Father. Fatherhood is the relationship out of which we reason ourselves into the recognition of brotherhood. (UP 16:9.10)



Brotherly love.

Examples: “Love your neighbor as you love yourself.”

“The brotherhood of man is based on the Fatherhood of God.”

**Your most radiant garment is of the other person's weaving;
Your most savory meal is that which you eat at the other person's table;
Your most comfortable bed is in the other person's house.
Now tell me, how can you separate yourself from the other person?
Khalil Gibran**

**If the other person laughs at you, you can pity him;
but if you laugh at him you may never forgive yourself.
If the other person injures you, you may forget the injury;
but if you injure him you will always remember.
In truth the other person is your most sensitive self given another body.
Khalil Gibran**

A Prayer

**Glorious Father and Mother, in one parent combined,
Loyal would we be to your divine nature.
Your own self to live again in and through us.
By the gift and bestowal of your divine spirit,
Thus reproducing you imperfectly in this sphere
As you are perfectly and majestically shown on high.
Give us day by day your sweet ministry of brotherhood
And lead us moment by moment in the pathway of loving service.
Be you ever and unfailingly patient with us
Even as we show forth your patience to our children.
Give us the divine wisdom that does all things well
And the infinite love that is gracious to every creature.
Bestow upon us your patience and loving-kindness
That our charity may enfold the weak of the realm.
And when our career is finished, make it an honor to your name,
A pleasure to your good spirit, and a satisfaction to our soul helpers.
Not as we wish, our loving Father,
but as you desire the eternal good of your mortal children,
Even so may it be. (UP 144:5).**

From time to time, during the remainder of Jesus' sojourn on earth, he brought to the notice of the apostles several additional forms of prayer (like the one above).

Level 5. The moral level. Mercy – Arrows point to other through God and to self only through God.

“And then when you attain true philosophic levels of interpretation, when you have real insight into the rightness and wrongness of things, when you perceive the eternal fitness of human relationships, you will begin to view such a problem of interpretation as you would imagine a high-minded, idealistic, wise, and

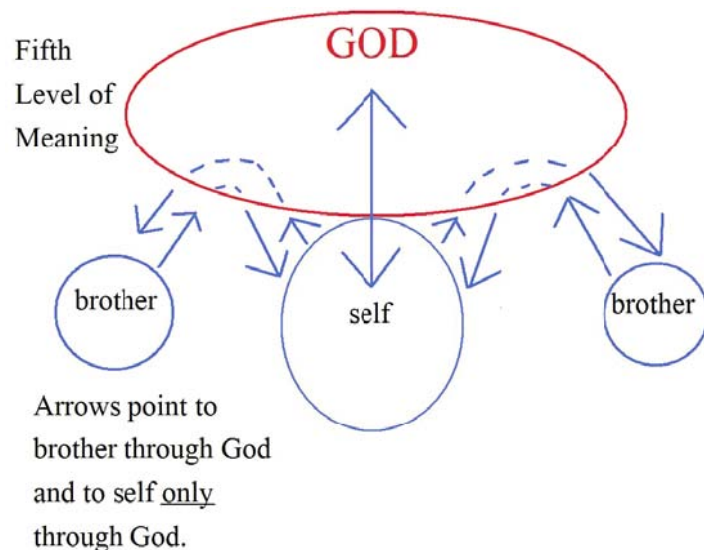
impartial third person would so view and interpret such an injunction as applied to your personal problems of adjustment to your life situations” Jesus. (UP 147:4)

Mind circuit dominant: Second level of reality response of the Cosmic Mind (Holy Spirit): Duty – the reality domain of morals in the philosophic realm, the arena of reason, the recognition of relative right and wrong. This is the judicial form of the cosmic discrimination. Moral acts are those human performances which are characterized by the highest intelligence, directed by selective discrimination in the choice of superior ends as well as in the selection of moral means to attain these ends. Such conduct is virtuous. Supreme virtue, then, is wholeheartedly to choose to do the will of the Father in heaven. (UP 16:6.7, 16:7.10)

Love of mercy: love in action – mercy is applied love. You should even now understand that mercy is a quality of growth. You should realize that there is a great reward of personal satisfaction in being first just, next fair, then patient, then kind. And then, on that foundation, if you choose and have it in your heart, you can take the next step and really show mercy; but you cannot exhibit mercy in and of itself. These steps (other levels) must be traversed; otherwise there can be no genuine mercy. There may be patronage, condescension, or charity – even pity – but not mercy. True mercy comes only as the beautiful climax to these preceding adjuncts to group understanding, mutual appreciation, fraternal fellowship, spiritual communion, and divine harmony. (UP 28:6.8)

Examples: The Noble Eightfold Path: right view, right aspiration, right speech, right action, right livelihood, right effort, right mindfulness, right concentration.

**One of his students asked Buddha, “Are you the messiah?”
“No”, answered Buddha.
“Then are you a healer?”
“No”, Buddha replied.
“Then are you a teacher?” the student persisted.
“No, I am not a teacher.”
“Then what are you?” asked the student, exasperated.
“I am awake”, Buddha replied.**



We are all climbing toward the summit of our hearts' desire.
 Should the other climber steal your sack and your purse
 and wax fat on the one and heavy on the other, you should pity him;
 The climbing will be harder for his flesh,
 and the burden will make his way longer.
 And should you in your leanness see his flesh puffing upward,
 help him a step;
 it will add to your swiftness.
Khalil Gibran

This level is further expanded on during the early Mansion World sojourn by the ministering seraphim called Mind Planners: **Here you are face to face with true friends and understanding counselors, angels who are really able to help you “to see yourself as others see you” and “to know yourself as angels know you.” (UP 48:6.14)** You’re seeing yourself through the eyes of others including God – that’s why the arrows are coming *only* through others to you.

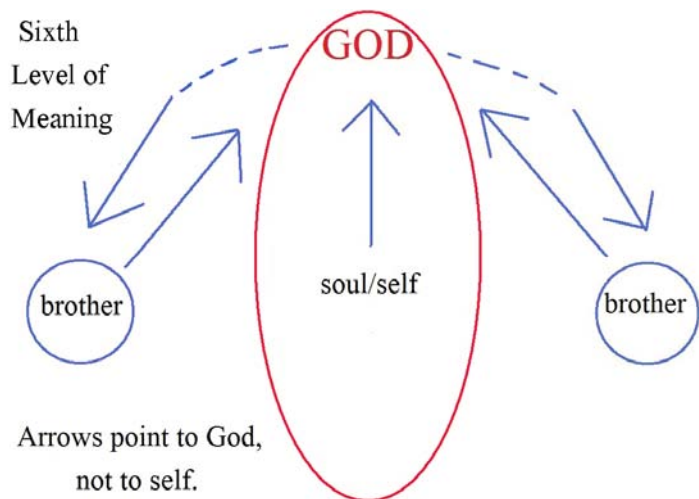
Even on Urantia, these seraphim teach the everlasting truth: If your own mind does not serve you well, you can exchange it for the mind of Jesus of Nazareth, who always serves you well. (UP 48:6.15)

Level 6. The spiritual level. Spiritual Insight – Arrows point to other through God, not to self.

“And then last, but greatest of all, we attain the level of spirit insight and spiritual interpretation which impels us to recognize in this rule of life the divine command to treat all men as we conceive God would treat them. That is the universe ideal of human relationships. And this is your attitude toward all such problems when your supreme desire is ever to do the Father's will. I would, therefore, that you should do to all men that which you know I would do to them in like circumstances.” Jesus (UP 147:4)

Mind circuit dominant: Third level of reality response of the Cosmic Mind (Holy Spirit):

Worship -- the spiritual domain of the reality of religious experience, the personal realization of divine



fellowship, the recognition of spirit values, the assurance of eternal survival, the ascent from the status of servants of God to the joy and liberty of the sons of God. This is the highest insight of the cosmic mind, the reverential and worshipful form of the cosmic discrimination. (UP 16:6.8)

Love of God level: The cosmic-mind-endowed, Adjuster-indwelt, personal creature possesses innate recognition-realization of energy reality, mind reality, and spirit reality. The will creature is thus equipped to discern the fact, the law, and the love of God. (UP 16:9.1)

Examples: **And so I give you this new commandment: That you love one another even as I have loved you.** Jesus (UP 180:1.1)

WWJD – What would Jesus Do? (What would Jesus do *unto others*.)

“Our God, who art our winged self,
it is thy will in us that willeth.
It is thy desire in us that desireth.
It is thy urge in us that would turn our nights,
which are thine, into days which are thine also.
We cannot ask thee for aught,
for thou knowest our needs before they are born in us:
Thou art our need;
and in giving us more of thyself thou givest us all.”
Khalil Gibran

At times I am almost pained to be compelled to portray the divine affection of the heavenly Father for his universe children by the employment of the human word symbol love. This term, even though it does connote man's highest concept of the mortal relations of respect and devotion, is so frequently designative of so much of human relationship that is wholly ignoble and utterly unfit to be known by any word which is also used to indicate the matchless affection of the living God for his universe creatures! How unfortunate that I cannot make use of some supernal and exclusive term which would convey to the mind of man the true nature and exquisitely beautiful significance of the divine affection of the Paradise Father. (UP 2:5.11)

The Master's entire life was consistently conditioned by this living faith, this sublime religious experience. This spiritual attitude wholly dominated his thinking and feeling, his believing and praying, his teaching and preaching. This personal faith of a son in the certainty and security of the guidance and protection of the heavenly Father imparted to his unique life a profound

endowment of spiritual reality. And yet, despite this very deep consciousness of close relationship with divinity, this Galilean, God's Galilean, when addressed as Good Teacher, instantly replied, "Why do you call me good?" When we stand confronted by such splendid self forgetfulness, we begin to understand how the Universal Father found it possible so fully to manifest himself to him and reveal himself through him to the mortals of the realms. (UP 196:0.9)

But the highest realization and the truest interpretation of the golden rule consists in the consciousness of the spirit of the truth of the enduring and living reality of such a divine declaration. The true cosmic meaning of this rule of universal relationship is revealed only in its spiritual realization, in the interpretation of the law of conduct by the spirit of the Son to the spirit of the Father that indwells the soul of mortal man. And when such spirit-led mortals realize the true meaning of this golden rule, they are filled to overflowing with the assurance of citizenship in a friendly universe, and their ideals of spirit reality are satisfied only when they love their fellows as Jesus loved us all, and that is the reality of the realization of the love of God. (UP 180:5.8)

The consciousness of the spirit domination of a human life is presently attended by an increasing exhibition of the characteristics of the Spirit in the life reactions of such a spirit-led mortal, "for the fruits of the spirit are love, joy, peace, long-suffering, gentleness, goodness, faith, meekness, and temperance." Such spirit-guided and divinely illuminated mortals, while they yet tread the lowly paths of toil and in human faithfulness perform the duties of their earthly assignments, have already begun to discern the lights of eternal life as they glimmer on the faraway shores of another world; already have they begun to comprehend the reality of that inspiring and comforting truth, "The kingdom of God is not meat and drink but righteousness, peace, and joy in the Holy Spirit." And throughout every trial and in the presence of every hardship, spirit-born souls are sustained by that hope which transcends all fear because the love of God is shed abroad in all hearts by the presence of the divine Spirit. (UP 34:6.13)

Jesus does not require his disciples to believe in him but rather to believe *with* him, believe in the reality of the love of God and in full confidence accept the security of the assurance of sonship with the heavenly Father. The Master desires that all his followers should fully share his transcendent faith. Jesus most touchingly challenged his followers, not only to believe *what* he believed, but also to believe *as* he believed. This is the full significance of his one supreme requirement, "Follow me." (UP 196:0.13)

To finite man truth, beauty, and goodness embrace the full revelation of divinity reality. As this love-comprehension of Deity finds spiritual expression in the lives

of God knowing mortals, there are yielded the fruits of divinity: intellectual peace, social progress, moral satisfaction, spiritual joy, and cosmic wisdom. The advanced mortals on a world in the seventh stage of light and life have learned that love is the greatest thing in the universe – and they know that God is love. (UP 56:10.20)

Love is the desire to do good to others. (UP 56:10.21)